



Epping Upland C of E School

Week 3
Summer 2026

Monday

Pizza Day

served with buttered corn on the cob & five bean salad

Dessert - Strawberry Mousse

Tuesday

Beef Sliders

served with potato wedges & coleslaw

Halloumi Sliders

served with potato wedges & coleslaw

Dessert - Homemade cinnamon & maple cake

Wednesday

Roast Chicken

served with crispy roast potatoes, carrots, green beans & gravy

Quorn Roast

served with crispy roast potatoes, carrots, green beans & gravy

Dessert - Frozen Yoghurt

Thursday

Chilli Con Carne

served with rice and nachos

Sweet Potato & Chickpea Curry

served with rice

Dessert - Homemade Red Velvet Cake

Friday

Fish Fingers

served with crispy chips, baked beans & peas

Vegetarian Sausage Roll

served with crispy chips, baked beans & peas

Dessert - Friday Favourites

Available everyday

**Jacket Potato, Sandwich or Baguette, Salad Bar,
Fresh Fruit & Yoghurt**



Fresh
All our food is cooked
fresh each day

Healthy
Our pasta, rice and
breads are healthy
wholemeal products

checked
We always use
reputable suppliers
and where possible
use local produce

